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J.R. RIDES INTO THE SUNSET

THE NEW DALLAS EPISODE IS A TRIBUTE TO BOTH THE SERIES' RASCALLY OIL BARON AND THE ACTOR WHO PLAYED HIM **PAGE 7**

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BRIER HEARTBREAK

Winnipeg's Jeff Stoughton reacts during the gold-medal game at the Tim Hortons Brier on Sunday in Edmonton. The Team Manitoba skip couldn't pull off a win and conceded to Northern Ontario, who took the final 11-4. Story, page 13. JASON FRANSON/THE CANADIAN PRESS

Manitoba Metis celebrate historic court ruling

A federal failure.
Ruling calls on feds to
fix 150-year-old wrong

The federal Conservatives face renewed pressure to settle a land claim for a big chunk of Manitoba after Canada's Metis scored a landmark victory on Friday in a dispute nearly 150 years in the making.

A majority of Supreme Court justices declared that the way the federal government handed out parcels of land to children of the Manitoba Metis in the 1870s failed to live up to its constitutional obligations.

As a result, Ottawa now faces the prospect of lengthy negotiations over vast tracts of land in the province — including all of present-day Winnipeg.

The 6-2 decision, the culmination of a legal dispute dating back three decades, stems

from a historic agreement that ultimately made Manitoba Canada's fifth province.

As part of the 1870 deal that created the province, the federal government of the day promised that 5,565 square kilometres of land would be set aside for the 7,000 children of the Metis.

But Ottawa botched the land grant. Soon new settlers began arriving in waves and speculators snapped up much of the land for a fraction of its value.

The Manitoba Metis Federation argued it amounted to a failure by the federal government to look after the inter-

ests of the Metis children and a betrayal of the land grant's intention.

"What is at issue is a constitutional grievance going back almost a century and a half," Chief Justice Beverley McLachlin and Justice Andromache Karakatsanis said in writing for the majority of the court.

"The unfinished business of reconciliation of the Metis people with Canadian sovereignty is a matter of national and constitutional import."

The Metis say they have no intention of demanding their land back, but they do want compensation for past wrongs.

THE CANADIAN PRESS

Quoted

"What is at issue is a constitutional grievance going back almost a century and a half."

Chief Justice Beverley McLachlin and Justice Andromache Karakatsanis said in writing for the majority of the court.

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THE REAL HIPSTERS OF WINNIPEG



WHAT'S GOOD
Ace Burpee

Most of you have heard of those wildly successful shows, *The Real Housewives of* (insert city name here). They basically just follow the lives of a group of very well-off women. They all have way more money than us, live vastly different lives than we do, and engage in far more drama than we do.

The *Real Hipsters of Vancouver* is being cast as you read this. Bad idea? I say far from it. In fact, I'm pretty sure there should be a *Real Hipsters of Winnipeg*.

The question remains, what exactly is a Hipster and how does one qualify to be on this show? Simply go through the checklist below. If it's 95 per cent you, you're in.

1. Have a perfectly good bike with gears and brakes and such? Leave it at your parents', go buy a super-old one with one speed and foot brakes.
2. Must have been on a road trip to see Radiohead.
3. Don't participate in sports other than curling.
4. Immediately bail on any artist or band who plays a venue bigger than Burton Cummings Theatre, unless of course that band is Radiohead. Or Rush. (I was at the last Rush show, tons of Hipsters.)
5. Care deeply about elections you can't vote in.
6. Find George Stroumboulopoulos hilarious but resent him a little at the same time.
7. Have a TV, just don't have cable.
8. Go for breakfast, like, alot.

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Main Street

Two charged in fatal shooting

Two people, including a 15-year-old boy, have been arrested in the shooting death of a man at a Main Street restaurant.

William Edward Moar was gunned down in the early-morning hours of Feb. 15.

Moar, who was 24, once had connections to a street gang. He and four others were charged with aggravated assault in 2009 after a Sudanese immigrant, who had been mistaken for a gang member, was savagely beaten



Akech Dut Ajak CONTRIBUTED

and left with permanent brain damage.

Akech Ajak is charged with first-degree murder, while the teen was picked up recently in Calgary on the same charge. Police allege Ajak, 22, has ties to an African street gang. **METRO**

Worthington

Winnipeg house shot up

Police are investigating after a home was shot at in the Worthington neighbourhood Friday night.

Officers were called to a house in the first 100 block of Worthington Avenue around 11:30 p.m. where they said damage consistent with gunshots was found. No one was home. Anyone with information should call police at 204-986-6219 or Winnipeg Crime Stoppers at 204-786-TIPS. **METRO**

Quest Inn hotel

Man stabbed for beer

Police say they're getting little help from a man who was stabbed at a downtown hotel Saturday. Police were called to the Quest Inn on Ellice Avenue around 1:30 p.m. where they found the 31-year-old victim suffering from stab wounds to his upper body. The man would only say he had been assaulted nearby by several individuals who took his beer. He was taken to hospital where he was treated and later released. **METRO**

Mayor delivers upbeat state of the city address

In or out? Mayor coy about re-election bid



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Forget the state of the city, it was the state of Mayor Sam Katz's decision on whether he's planning a fourth run at mayor that took the spotlight on Friday following his speech at the Winnipeg Chamber of Commerce luncheon.

Katz's exceedingly upbeat speech to a crowd of about 1,000 at the Convention Centre, which included no less than three well-produced short videos, touched on what he touted as milestones for the city — new businesses like IKEA, improved community centres and investment in social initiatives.

"Can you think of any reason I should not run," Katz said



Mayor Katz didn't directly answer whether he'd run for mayor again during his address at the Winnipeg Convention Centre on Friday. **BERNICE PONTANILLA/METRO**

when asked by reporters if he'll run for re-election.

Katz did announce that the city is hiring seven more full-time employees to deal with building permits.

"For the first time, the value of building permits reached

more than \$1.5 billion — that's an increase of 33 per cent over the previous year," said Katz.

Dave Angus, president and CEO of the Chamber, said it was welcome news, but that he'd like to see commitments on time frames.

Fundraising

Two charities focused on protecting children, Beyond Borders ECPAT Canada and the Canadian Centre for Child Protection, were chosen as recipients of 50 per cent of the net proceeds from the Winnipeg Chamber of Commerce's annual state of the city luncheon.

"What we're pushing for ... is specific measurements, commitments in terms of how long a permit will take, and we need to be better than other cities," said Angus.

"That's the next step because you can waste a lot of money on staff and not get improved results, so we'll be holding their feet to the fire. As a Chamber, we hear all the time the issues that our members are having with permitting."

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Cardinal Ouellet earns blessing for pope — but not because they like him

Sexual abuse. Group feels best way to get local scandal noticed is to net Quebecois pope

A Quebec group representing people abused by priests hopes Cardinal Marc Ouellet will be the next pope, though not necessarily because it feels he's the best candidate.

Spokesman Carlo Tarini says a Ouellet papacy would thrust a number of sexual-abuse cases involving Quebec priests into the spotlight.

"The people here today are not here in jest supporting his nomination as pope," Tarini said at a small rally on Sunday in front of a Montreal church.

"They are really hopeful that he is elected, because 1.2 billion Catholics will be made aware of the victimization of children here in Quebec by pedophile priests."

Many at the rally, which

included members of other victims groups, said they are hopeful for progress on cases that have been stalled for years.

Tarini suggested appointing a mediator between the church and victims, such as former Supreme Court justice Michel Bastarache, who took on a similar role in New Brunswick.

The Quebec-born Ouellet is considered one of the contenders to succeed Pope Benedict.

Ouellet has come under fire from critics who say he didn't do enough to address sexual abuse in his home province.

Lucien Landry, head of an organization for abused Quebec orphans, said Ouellet didn't make an effort to work with victims while he was archbishop of Quebec City.

Landry attended the rally but stressed that he doesn't believe things would be any different if Ouellet became pope.

"In our heart of hearts, we don't think he would fix the situation," he said.

THE CANADIAN PRESS



A group representing those abused by priests protests outside a Montreal church. GRAHAM HUGHES/THE CANADIAN PRESS

Personal life

Family fears papal win

The papal front-runner is also known for fancying moose-steak dinners, eating dessert off a sibling's plate and gunning his uncle's tractor until it broke — though he is also remembered for nearly burning down the family barn.

If he becomes pope, however, Cardinal Marc Ouellet's family fears such intimate moments will be lost forever.

"We're quite frank about it as a family — we would prefer to have a brother," his younger brother, Roch, said in an interview in their hometown of La Motte, in Quebec's northwest.



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Nearly 22,000. Pardons backlog to last for years

The Parole Board of Canada has begun to tackle a backlog of almost 22,000 pardon applications, many of which have been stuck in limbo for years.

The effort, which began with the hiring and training of 21 temporary, full-time staff, isn't expected to clear the backlog for another two years.

All the files pre-date the March 2012 omnibus Conservative crime bill, when the Harper government quadrupled the application fee to \$631. Those who applied under the higher fee are at the front of the line.

Public outcry over a controversial pardon led Parliament in June 2010 to beef up the system by making the Parole Board grant no pardon that could bring the administration of justice into disrepute.

A three-strikes rule was proposed, so that anyone with more than three convictions for indictable offences with two-year sentences could never be pardoned. Certain offences, such as sex crimes against children, were made ineligible.

The crime-free cooling-off period after a sentence was fully served was increased to five years from three for lesser offences, and doubled to 10 years from five for indictable offences. THE CANADIAN PRESS



Jon Graham, 40, who was fined \$100 for pot possession when he was 21, says he's been waiting more than two years for his pardon. THE CANADIAN PRESS

Origin

The backlog is the result of a massive pardons crackdown sparked by a single case.

- In May 2010, it was revealed that Graham James, a former junior-hockey coach convicted of sexually assaulting players, had been quietly pardoned three years earlier.
- He was facing new allegations at the time, to which he has since pleaded guilty.

Yellowknife. Harper goes north to talk on powers for N.W.T.

Prime Minister Stephen Harper will travel to Yellowknife Monday to mark the end of talks granting province-like powers to the Northwest Territories.

The deal, which has been a top agenda item for territorial premiers stretching back two decades, will put control over northern resources in the hands of northerners for the first time. It will also give them a big chunk of the royalties those resources produce, money that will also be shared with the N.W.T.'s aboriginal governments.

But Harper and N.W.T. Premier Bob McLeod won't be signing its final version. Monday's text is only the final draft reached by negotiators.

The deal will then go out for public consultation.

Under the agreement in principle, the N.W.T. is expected to reap about \$65 million a year from royalties.

The deal also transfers control over those royalties to Yellowknife. THE CANADIAN PRESS

Open-concept, waterside living — yours for a song!

Need a fixer-upper? Homes damaged by Superstorm Sandy are hitting the market, some at big discounts

It sounds like the premise for a new reality TV series: Hurricane House, in which people would scour waterside communities in New Jersey and New York looking to buy homes damaged by Superstorm Sandy at a deep discount.

While there are bargains out there, ranging from 10 per cent off pre-storm prices for upscale homes on New York's Long Island and the Jersey Shore to as much as 60 per cent off modest bungalows in Staten Island and Queens, it's still very much a game of buyer beware.

Not only are buyers on the hook for repairs and in some cases total rebuilds, they're also wading into a host of potentially



This Oct. 30, 2012, photo provided by the U.S. Air Force shows an aerial view of the devastation along the New Jersey shoreline following Superstorm Sandy. Increasingly, homes damaged by Sandy are being put up for sale.

MASTER SGT. MARK C. OLSEN/U.S. AIR FORCE/THE ASSOCIATED PRESS FILE

expensive uncertainties about new flood maps and future insurance rates, zoning changes and updated building codes.

"It's totally changed the way I sell real estate," said Lawrence Greenberg, a sales associate with Van Skiver Realtors, whose

own Mantoloking, N.J., office was wrecked in the storm.

Prior to Sandy, prospective buyers rarely mentioned issues such as flood maps and building elevations until the matter of flood insurance came up — often at closing. "Now,

everybody asks the question of elevation," Greenberg said. Even if potential buyers plan to tear down and build new, they ask about the pending changes in flood maps proposed by the Federal Emergency Management Agency, because flood insurance rates will depend upon the new zones.

The number of for-sale listings in January in the 380 zip codes hit by the storm was about two per cent below the same time last year, according to online real estate information company Zillow Inc. That indicates that most homeowners are rebuilding, or have not yet decided how to proceed.

But real estate agents in New York and New Jersey say the majority of homes for sale in these areas have some damage from the Oct. 29 storm, and it appears to them that a rising number are being put on the market as the spring home-buying season approaches.

THE ASSOCIATED PRESS

#notdeadyet. Bored in the afterlife? Just keep on tweeting

Twitter fanatics can now rest in peace comfortably knowing that they can continue to tweet from beyond the grave.

Drew Matthews, 35, an avid Twitter user from Toronto, is among those who have signed up for a project that keeps a Twitter user's account going after they die.

LivesOn, being developed by British ad agency Lean Mean Fighting Machine, will set up a second Twitter account that will add "LIVESON" to the user's current handle and study tweets, favourites, retweets, and even writing style in order to eventually begin replication.

Matthews says he tweets about 10 times per day and wonders how LivesOn will be able to mimic his style. "Sometimes tweets are just movie or song quotes and sometimes it's situational," says Matthews.

"I tend to complain about a lot of stuff so I don't know if (my LivesOn account) will be complaining until the end of

Quoted

"Once people get over the death question, there's the fact that this will be very useful for the living."

Dave Bedwood, a LivesOn spokesman

time or if it knows I've tweeted about songs and it picks out other lyrics to post."

Dave Bedwood, a LivesOn spokesman, says the accounts will begin generating tweets while the user is still alive as it continues to improve its mimicking of the user's syntax.

LivesOn accounts will be private and will only have one follower: the user that it's mirroring. When the user is deceased, a family member or close friend can decide whether to make the account public so that tweets can continue to be generated from the afterlife.

THE CANADIAN PRESS

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QUIT WHILE YOU'RE AHEAD

I'll say this for Mayor Sam Katz, the man certainly has swagger.

How else to explain his response to reporters when asked, following a rah-rah version of his annual state of the city speech, if he was interested in running for re-election in 2014.

"Can you think of any reason why I should not run?" he said, causing many of his critics to spontaneously combust while reading the comment on their Twitter feeds.

Well, Mr. Mayor, since you asked, the answer seems obvious: Quit while you're ahead.

As Katz touched on in his speech, Winnipeg is a different city than when he took over in 2004. The population has grown, the Jets have returned, major retailers are setting up shop, and the Canadian Museum for Human Rights and new Bomber stadium are both (slowly) nearing completion.

The city government has started to build out a rapid transit system, made unprecedented investments in cycling infrastructure, introduced an improved garbage and recycling system, and rebuilt several recreation facilities.



URBAN COMPASS
Colin Fast
winnipeg@metronews.ca

And beyond the big things, there's a more positive spirit about the future of Winnipeg. You see that reflected in smaller ways, like the rise of Sherbrook Street and South Osborne as trendy neighbourhoods, or the popularity of the river trail in winter.

Now, Katz's role in these improvements is certainly debatable — he's hindered rapid transit as much as he's helped, for one — but like him or not, he has overseen a remarkable period of change in Winnipeg.

However, there are black clouds gathering over city hall.

The city has jacked up taxes and borrowing in the past few years just to keep up with spending commitments.

The mayor recently lost two members of his inner circle, as Coun. Justin Swandel quit EPC and Coun. Paula Havixbeck practically dared him to fire her.

And a series of political missteps — like buying a private company from the CAO, or hosting a city dinner at his own restaurant — and real-estate scandals — the water park and fire-hall fiascos — have deeply shaken public confidence in the mayor's leadership.

Ask a leading question ...

"Can you think of a reason why I should not run?"

Mayor Sam Katz

So it's not surprising that recent opinion polls indicate half of Winnipeggers don't think Katz should run for re-election next year. What is surprising is that he might still want to do it anyway.

After all, he still hasn't explained why he wanted to run in the first place, has rarely shown passion for any particular issue, and reportedly spends much of his time in Arizona. So what's he hoping to accomplish in 14 years that he couldn't get done in 10?

Rather than asking the media why he shouldn't run, Katz should tell the public why he wants to run again.

And I don't mean a generic response like "I think I have a lot to contribute." No, tell us what you actually want to do. What issue do you really want to tackle to make a difference in the community?

And don't wait until the next election. Get moving on it now, and this — whatever it is — could be your real legacy.

ZOOM

Outlook bleak two years later



Post-tsunami Japan anything but clean

Two years after the triple calamities of earthquake, tsunami and nuclear disaster ravaged Japan's northeastern Pacific coast, debris containing asbestos, lead, PCBs and — perhaps most worrying — radioactive waste due to the crippled Fukushima Dai-ichi nuclear plant looms as a threat for the region.

So far, disposal of debris from the disasters is turning

out to have been anything but clean. Workers often lacking oversight, training or proper equipment have dumped contaminated waste with scant regard for regulations or safety, as organized crime has infiltrated the cleanup process.

Researchers are only beginning to analyze environmental samples for potential health implications from the various toxins swirled in the petri dish of the disaster zone — including dioxins, benzene, cadmium

and organic-waste-related toxins, said Shoji F. Nakayama of the government-affiliated National Institute for Environmental Studies.

Gangsters have long been involved in industrial waste handling and police say they suspect gangsters are systematically targeting reconstruction projects, swindling money from low-interest lending schemes for disaster-hit residents and illegally mobilizing construction and cleanup workers.

THE ASSOCIATED PRESS

Fukushima

"Everyone, from bureaucrats to construction giants to tattooed gangsters, is trying to prey on de-contamination projects. And the government is looking the other way."

Nakamura, who only wanted to be identified by his last name out of fear of retaliation, said of the corruption that has plagued the restoration process.

Clickbait

Rumours are spreading like mustard on social-media sites about 'secret menus' at your favourite fast-food chains. Here's what you won't see featured. But shhh!

Mc10:35

Although the company insists otherwise, McDonald's does have many items on the underground menu, according to social-media sites. One is the Mc10:35 — which is the inside of a McDouglas burger, minus the bun, inserted into an Egg McMuffin. It can only be ordered at 10:35 a.m., during the shift change from breakfast to lunch.

McGangbang

A bold order to ask from anyone — especially your McDonald's cashier — the McGangbang is a double cheeseburger with a chicken patty in



between two beef patties.

Suicide Burger

Worried it might be your last meal? Take a bite into Burger King's suicide burger, comprised of four beef patties, four slices of cheese, bacon and BK's special sauce.

Enchirito

This might be the worst-kept secret: Taco Bell has loads of items on the secret menu. One popular choice is the enchirito. It's the regular enchilada, stuffed with beef, beans, cheese, diced onions and red sauce.

Letters

Re: The Other F Word, published March 8.

In the small article by Delia MacPherson, your author undermined herself, women and men by perpetuating a stereotype that is highly untrue.

In it she says "... men and women are equal in every right with the exception of maybe physical strength."

Women are equal in this respect because training equals

far more strength than what you naturally have.

Additionally, there are men who are not naturally strong or muscular who are discounted by such a statement.

Women who have naturally muscular body types and are built like line backers are made to feel fat, weak and like they should not do sports while men with lean body types are made to feel less masculine and therefore wrong and bad.

Heather Wilson, Toronto

WE WANT TO HEAR FROM YOU:

Send us your comments: winnipegletters@metronews.ca



Tonight's episode of Dallas has the characters attending a wake and funeral for J.R. Ewing. Actor Larry Hagman, who played J.R., died of cancer in November. HANDOUT

2 SCENE

Dallas bids farewell to its magnificent villain

Celebrating Hagman. Tonight's episode of TNT's revival of Dallas is a fitting tribute to the man behind one of TV's worst scoundrels

Who killed J.R.?

That's the mystery propelling Dallas through the rest of its second season as a TNT revival.

And that question hangs heavy in the upcoming episode (airing Monday at 9 p.m. EDT), which confirms the sad truth every viewer knew was coming: glorious scoundrel J.R. Ewing has died, after decades of living-on-the-edge infamy dating back at least to 1980, when he was gunned down in his office and left for dead, leaving every viewer wondering who shot J.R.

J.R.'s fate was sealed this time by the intrusion of reality. In November, Larry Hag-

man died of cancer at 81. And when he died, he took J.R. with him.

So the new episode — surely the first without Hagman's deliciously vile presence — stands as a fitting tribute both to him and to J.R., complete with a wake and a funeral for the rascally oil baron. Even the oh-so-familiar theme music is rearranged from its quickstep tempo to a dirge. The message of this episode,

Remembering J.R.

J.R.'s memorial takes place at the Dallas Petroleum Club, where high-powered mourners flock to bid him farewell. Here are real-life local swells, including Dallas Cowboys owner Jerry Jones and Dallas Mavericks owner Mark Cuban. Here are Dallas characters from way back, including former wild child Lucy (Charlene Tilton), J.R.'s niece; Ray Krebbs (Steve

Kanally), the illegitimate son of J.R.'s father; and Gary (Ted Shackelford), the "black sheep" brother who left Dallas for a long life on series spinoff *Knots Landing*. But the embittered John Ross isn't buying that any of the gathered have a kind thought for his father: "Half these people are here to make sure he's dead. The other half are here for the free drinks."

Last Monday's episode featured the last, brief appearances by a visibly frail Hagman. There were three isolated scenes with J.R., who for reasons unknown had gone missing from Dallas. But the action mostly swirled among the other characters as they squabbled over Ewing Energies, which has pitted cousins John Ross (played by Josh

Henderson) and Christopher (Jesse Metcalfe) in a battle for its control.

In his final scene, near the end of the hour, J.R. was glimpsed at an undisclosed location on the phone with John Ross.

"Don't you worry, son, I've got a plan," J.R. told him. "It's gonna be my masterpiece. Because you shouldn't have to pay for my sins."

"What do you mean?" asked John Ross, struck by J.R.'s rare show of tenderness.

"Just remember, I'm proud of you," said J.R., as John Ross' eyes moistened. "You're my son, from tip to tail."

But at that moment, John Ross heard gunshots. He screamed into the phone, "Dad! Dad!"

Who shot J.R.?

"I need to know who killed my father, and why!" snaps John Ross in the new episode.

Sue Ellen, his mother and J.R.'s long-suffering ex-wife (played by Linda Gray), hoists a Dallas directory and reminds



him, "Half the people in this phone book wanted to."

Yes, J.R. had legions of enemies with scores to settle. But who among them did the deed? And why did J.R.'s time run out, in all places, in a room at a Mexican flophouse?

The task for Dallas to outlive J.R. Ewing is huge. Rest in peace, Larry Hagman. But there better be no peace on this show in J.R.'s absence if it hopes to survive its magnificent villain.

THE ASSOCIATED PRESS

The Word

Megan Hilty putting on a plain, public personality

THE WORD
Meredith Engel
scene@metronews.ca

Ivy Lynn, the emotional and outspoken would-be starlet on NBC's *Smash*, would never waste a moment in the spotlight.

But when we caught up with Megan Hilty, the actress who plays the dynamic character last Friday directly following her Carnegie Hall debut singing along with the New York Pops, we learned that her public persona is practically too perfectly polished, as if erring on the side of forgettable. After all, she kicked off the show by claiming that it was "literally a dream come true," and the clichés didn't end there.

What did it feel like to take that illustrious stage?

"It's great to be in front of a live audience again."



Was she nervous about performing as herself, rather than playing a character?

"That's the beauty of live theatre, I'm never going to be perfect."

Would she be willing to get competitive if she had to face off against *Smash* co-star Katharine McPhee for a role, mirroring the ongoing theme on the show?

"No, we all love each other."

And how would Ivy handle getting a solo concert at Carnegie?

"She probably would have had many more costume changes than I did."

Wait, did she just confirm

our thoughts that her fictional persona would make a more memorable impression? The most interesting "confession" came when the actress slyly revealed that she does in fact sit down to watch her own show air on Tuesday nights during a dialogue with Pops conductor Steven Reineke mid-show. Thankfully, we did witness a glimmer of that big Ivy personality when the blonde was visibly relieved to confirm that the bottle of champagne sitting nearby at the after-party was reserved for her. We can relate to any woman who puts her stiletto down when it comes to the serious issues, like getting her hands on a well-deserved glass of bubbly.

But here's our advice for Hilty: take a page from the *Silver Linings Playbook* of present media darling and recent Oscar-winner Jennifer Lawrence; the way to charm the pants off press and public alike these days is apparently less class, more sass.

Maybe we should have just hung around until after Hilty polished off that champagne.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Miley Cyrus

Miley Cyrus denies her wedding is cancelled

While her fiancée, Liam Hemsworth, is in his native Australia spending time with family, Miley Cyrus finds herself doing damage control, taking to Twitter to quash rumours that their relationship is in trouble.

"I am so sick of L.A. And sick of the lies that come with it," she posted last week. "I didn't call off my wedding."

Of course, being spotted out and about in Hollywood without her engagement ring on probably doesn't help. But a source assures *El News* that all is well in the Hemsworth-Cyrus household.

"She is not listening to what everyone is saying about her and Liam," the source says. "Everything is fine between them, as far as I know."



Lindsay Lohan. ALL PHOTOS GETTY IMAGES

Lohan rejects latest plea deal

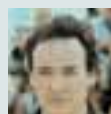
Prosecutors in Lindsay Lohan's latest legal battle have reportedly offered the troubled starlet a plea deal that would let her avoid jail time — but she doesn't want it, according to TMZ.

Sources tell the website that if Lohan agrees to plead guilty to as-yet-unspecified

charges, she'd only have to serve 90 days under house arrest and attend a mandatory rehab program. But Lohan is reportedly adamant that she will avoid any punishment whatsoever and has rejected the plea deal, the sources say.

Her trial is set to begin March 18.

Twitter



@johncusack

pressing legal matters beckon. writs being jammed under my door— not really but sounds dramatic



@Pink

I think this daylight savings time is really stupid and rude. I'm tired so screw you spring ahead!!!!



@SethMacFarlane

Drink ten cups of coffee and download "Dizzy Fingers" by the Carpenters. You will never need cocaine



Justin Bieber

Bieber can't stand stench of paparazzi

With Justin Bieber's bummer of a week in London behind him, at least one mystery has been solved: the Canadian pop star's penchant for wearing a gas mask in public.

"The gas mask Justin has been wearing around London is a joke between his friends, but people are starting to take it seriously," a source tells *Us Weekly*.

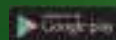
"All his friends take turns wearing it as a joke to throw off the paparazzi. It's not a serious thing, they're just having fun around London with it."

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— NB



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metro

Dental

Protect your baby's first teeth

We don't usually associate cavities or gum disease with infants, but in reality, oral diseases can begin early. For example, early childhood caries is a form of severe tooth decay in the baby teeth of children from birth to age three.

It affects more than 10 per cent of preschool-aged children in Canada.

Parents can reduce the risk by following these simple care tips with your little one.

- Wipe baby's mouth and gums with a clean, wet cloth or piece of gauze after feeding.
- Gently clean newly erupted teeth with a small, soft toothbrush.
- Avoid fruit punches and

other sweetened drinks in baby bottles, especially before bed.

- Rinse baby's mouth with water immediately after any liquid medication is given.
- Avoid transfer of your saliva onto items used by baby, including bottles, cups, pacifiers.
- Begin regular dental visits by age one. **NEWS CANADA**



Baby teeth are important to healthy adult teeth. **ISTOCK**

Exclusively online

Apparently getting a Soho House membership is child's play versus snagging you a spot in the toddler room at Alphabet Academy. Follow along with the comedic (mis)adventures of mommyhood with Reasons Mommy Drinks online at metronews.ca/voices



One, two, three ... break!

Spring break. It's not a reason to let the kids run wild, so stay calm and formulate a plan



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Just because the kids are on a so-called "break" doesn't mean you get to take a break from being a parent — I've tried. Personally, I like calling it March break instead of spring break. That's mostly because it's more descriptive in terms of the timing of it, but also because it serves as a reminder that we can, as parents, at any point during this "week off," demand that our kids "march." To their room to clean it up, to the dinner table without complaining,

Congratulations

Kathy Buckworth's latest book, *I Am So the Boss Of You: An 8 Step Guide To Giving Your Family The "Business",* has been optioned by Warner Brothers for a TV sitcom.



Talk to other parents to see if they'd be willing to combine some of the activities you have planned. **ISTOCK**

to the shower when they start to smell and to the front door to get outside and start shovelling away that "spring" snow.

March break doesn't mean breaking the rules or the routines — in terms of bedtimes, meals and, let's face it, personal hygiene — but it can be a great time to break out some new activities that don't normally fit into your schedule.

If you have more than one child to organize during the

week, have a discussion with all of them to find out what they'd like to do, beyond just "not go to school." But do your own research first. Look up a few free activities (start with community events) so you'll have some easy and cheap suggestions to make to them.

Check out what (appropriate) movies will be playing, find out the hours and rates of pay-for activities at the bowling alley or roller rink near you

and look into whether your local public swimming pool has special events or hours in place during the break.

Talk to other parents to see if they want to either join you and your kids for some of your activities, and also if they'd be interested in trading off some time so that you can both get done what needs to be done during the week. Laundry and grocery shopping don't go on holidays!

Resist the temptation to let the kids stay up late as a treat, as it can be tough to get them back into regular bedtimes on the Sunday night before school starts up again, let alone having to deal with an overtired and under-eager student the next morning. You'll be ready for a break from the break by then yourself. **KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.**

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Chicken's dressed to impress in this avocado salsa dish

ROSE
REISMAN
life@metronews.ca

This is a beautiful looking (and tasting) chicken dish to wow your guests. The salsa has a fresh taste, and the contrasting colours are beautiful. For a more formal dinner, make this with chicken supreme — the breast with wing attached.

Ingredients

- 4 skinless boneless chicken breasts (about 1 lb)
- 3 tbsp cornstarch
- 1 tbsp vegetable oil
- 1 cup chopped plum tomatoes
- 1/2 cup diced avocado
- 3 tbsp chopped cilantro
- 1 tbsp olive oil
- 2 tsp freshly squeezed lime or lemon juice
- 1 tsp minced fresh garlic
- 1/2 tsp liquid honey
- 1/2 tsp hot sauce



This recipe serves four. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

A student chef gave me a great tip to prevent avocados from going brown. Before cutting the avocado and without piercing it, heat it on high in a microwave for 30 seconds. It truly works!

Serve the chicken alongside grilled vegetables.

1. One at a time, place the

chicken breasts between sheets of waxed paper and pound to an even 1/2-inch thickness. Dust with cornstarch.

2. Spray a non-stick skillet with cooking oil, add the vegetable oil and place over medium high heat. Cook the chicken, turning once, for 5 to 8 minutes, or until no longer pink at the cen-

tre. Place on a serving dish.

3. To make the salsa, combine the tomatoes, avocado, cilantro, olive oil, juice, garlic, honey and hot sauce.

4. Spoon the salsa over the chicken before serving. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

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For those days when you're just too tired, busy or lazy to cook, there are microwave dinners. But they'll also fill you up with calories and fat if you're not careful.



Hungry Man Backyard Barbeque

780 calories / 29 g fat
Consisting of chicken and pork patties, mashed potatoes, corn and a brownie, you're consuming half your daily calories.

Equivalent

One Hungry Man Backyard Barbeque meal is equivalent in fat to six grilled chicken burgers from Harvey's.



Hungry Man Roasted Carved White Turkey

500 calories / 14 g fat
The turkey, mashed potatoes, stuffing and apple cranberry dessert is a better choice with fewer calories and half the fat.



Dinner. Gingered Chicken & Veggies

1. Heat 3/4 tsp oil in skillet over med-high heat. Stir-fry chicken until no longer pink; remove from skillet.

2. Heat remaining 3/4 tsp oil in skillet. Add peppers, mushrooms, pea pods, water chestnuts, green onion, ginger root and garlic. Stir-fry 4 mins. until vegetables are crisp-tender.

3. Meanwhile, combine broth, sweetener, soy sauce, cornstarch and sesame oil until smooth. Stir into skillet mix. Cook over medium heat

until thick and clear. Stir in chicken; heat. Serve over hot

cooked rice, if desired.

NEWS CANADA

Ingredients

- 1-1/2 tsp (5-7 ml) vegetable oil
- 1 4-oz skinless chicken breast, cut into thin strips
- 1/4 cup (60 ml) each red pepper strips and sliced mushrooms
- 4 fresh pea pods, horizontally cut in half
- 2 tbsp (30 ml) sliced water chestnuts
- 1 tbsp (15 ml) sliced green onion
- 3/4 tsp (4 ml) grated ginger root
- 1/4 tsp (1 ml) minced garlic
- 2 tbsp (30 ml) plus 2 tsp (10 ml) reduced-fat, reduced-sodium chicken broth
- 3/4 packet Pure Via zero calorie sweetener
- 1-1/2 (5-7 ml) tsp light soy sauce
- 1 tsp (5 ml) cornstarch
- 1/2 tsp (2 ml) dark sesame oil

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Your career search starts with a click

Hunting with a net.

The job search has moved from the want ads to the World Wide Web. How do you plan to get with the program?

KELLY PUTTER
CareerBear.com

Searching for work online is much easier than back in the wearing-out-your-shoe-leather days, but that doesn't mean there aren't protocols to follow. In fact, engaging in a virtual job search presents a whole new set of rules.

Here, according to Dr. James Norrie, a social media guru in Toronto, are some dos and don'ts for online job hunters:

Don't dismiss social media as a frivolous fad for teens

Larger Canadian employ-



A quick button to blur your online past does not exist. Take your time to tidy things up. ISTOCK

Online oopsies

Don't get caught with your pants down

- If you're cavorting on social media websites, know that privacy is a myth.
- You need to be careful about claiming your love for fascist groups or displaying photos of a half-baked you.
- Don't overexpose personal traits on any social media site that you're not comfortable discussing at work.

ers often banned access to social media websites, especially early on because

Move past the moping

"Searching for a job online is like looking for a boyfriend or girlfriend ... you have to let everybody know that you're available. You're going to have lots of no's but to get a yes, you need to go through that."

Dr. James Norrie
Social media guru

they didn't recognize their business value. "Employers thought it was some kind of fad or trivial toy," says Norrie.

"It's here to stay and people are starting to grasp this."

Don't overlook the power of social media

What gives social media its clout is what Norrie calls the network of networks or the ability users have to access and interconnect with the networks of other people, resulting in a far-reaching web of associations.

Don't be afraid to tell your

network that you're job searching

Fewer and fewer jobs are advertised so you need to learn how to find and work the hidden job market. And, according to Norrie, LinkedIn is the number one hidden job network.

Use the power of your network and let people know you're actively looking for work. Share your credentials, talents and experience. Ask your connections to open up their networks to you. Research shows that job opportunities are often twice removed — somebody who knows somebody you know leads to the job.

Do manage your online reputation

Google yourself and see what pops up. And don't be relieved if it's nothing. Norrie says it's not that difficult to become irrelevant in the digital world.

The question you need to ask is how can I make sure what's there is what I want to be there? Companies such as Reputation.com can manage your online reputation.

"You have to be aware that social media is becoming a go-to destination for consultants and HR people. The world of social media is not going away and we're

all going to need to master what that means."

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
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No code in class? It just doesn't compute

To tech with it. Should schools teach students how to code? Viral video suggests yes

**JULIA
FURLAN**
Metro World News

In the grand tradition of science fiction, it is time we accepted it — computers have taken over.

So says Bronwen Grimes, a technical artist at Valve.com and one of the many young entrepreneurs featured in a video in support of programming curriculum in schools by the nonprofit Code.org. The video has gone viral, reaching over nine million views in one week.

"Computers are everywhere," Grimes says. "You want to work in agriculture, entertainment, manufacturing — it's just all over."

The video's contributors

Celebrities speak up

The video in support of programming curriculum in schools taps some big forces in software engineering

- Bill Gates, Mark Zuckerberg and Drew Houston make an appearance
- Famous individuals from outside of the computer-verse, like singer will.i.am and basketball star Chris Bosh are also featured.

Success on a screen

"Computers are everywhere. You want to work in agriculture, entertainment, manufacturing — it's just all over."

Bronwen Grimes
Technical artist at Valve.com

ahead of the United States by teaching programming in high school, and that students should be taught not only how to code, but how to understand programming concepts like how a web browser or a search engine works.

"I think we need to take a larger and more expansive view that coding is not just the only thing you need to know. It's one element and there's a difference between writing a program that has five lines and learning how Gmail works — a program with five million lines of code," he says.

make the case that programming helped them learn how to problem solve and that anyone can do it.

Professor Lev Manovich teaches computer science at the CUNY Graduate Center and writes about technology and culture. He says that countries like China are getting

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Devils bring Jets down to earth in a shootout

NHL. Slumping New Jersey wins for just the second time in its last nine games

Patrik Elias scored the only goal of the shootout, and Johan Hedberg stopped all three Winnipeg attempts as the New Jersey Devils posted a 3-2 victory over the Jets on Sunday night.

Ryan Carter and Stephen Gionta scored in regulation time for the Devils, who won for only the second time in nine games since top goalie Martin Brodeur was sidelined with a sore back. Hedberg, who was lifted in a 6-3 loss to Carolina on Saturday night, had 23 saves through overtime. He then turned away Blake Wheeler, Evander Kane and Andrew Ladd in the shootout.

Elias netted the winner with a backhander on the Devils' last attempt that just got under goalie Ondrej Pavelec, who made 25 saves before the tiebreaker.

Ilya Kovalchuk and David Clarkson were stopped by Pavelec on the Devils' first two shootout chances, and

On Sunday

3

Devils

2

Jets

Hedberg stopped Wheeler and Kane on the Jets' first two tries.

After Elias scored, Hedberg stopped Ladd for the win.

Defenceman Mark Stuart and Kane had regulation goals for the Jets, who had a two-game winning streak snapped and lost for only the third time in eight games.

Both goalies had to make big saves in overtime. Pavelec stopped Peter Harrold in the opening minute and then denied Clarkson with his pad with 2:36 to go.

Hedberg had a glove save on Kane with 5.8 seconds before the shootout and a stop on Dustin Byfuglien in close a minute earlier.

Hedberg also kept the game tied with a pad save on a blast by Byfuglien with 4:50 left in the third period.

THE ASSOCIATED PRESS



Patrik Elias of the New Jersey Devils scores the game-winning shootout goal against Winnipeg Jets goaltender Ondrej Pavelec on Sunday in Newark, N.J. The Devils defeated the Jets 3-2. BRUCE BENNETT/GETTY IMAGES



Northern Ontario skip Brad Jacobs
JONATHAN HAYWARD/THE CANADIAN PRESS

Northern Ontario's Jacobs wins Brier

Brad Jacobs wasn't born yet when Northern Ontario last won a Canadian men's curling championship.

He arrived a few weeks after Al (The Iceman) Hackner stole a point in an extra end to beat Alberta's Pat Ryan in 1985.

Twenty-eight years later, Jacobs and his Sault Ste. Marie team conquered a tough field at the 2013 Tim Hortons Brier

and defeated Manitoba's Jeff Stoughton 11-4 in Sunday's final to win the Canadian title.

"It's been too long since Northern Ontario's held that Tankard," Jacobs said, his voice shaking. "To bring this back to Northern Ontario, to Sault Ste. Marie, it means the world to us."

Jacobs, third Ryan Fry, second E.J. Harnden and lead Ryan Harnden will represent

Canada at the Ford World Men's Curling Championship from March 30 to April 7.

It's the first Canadian men's title for all four curlers. At 27, Jacobs is the youngest skip to win the Brier since Kevin Martin in 1991 at age 24.

"I don't even know how to feel right now," Jacobs said. "It's really overwhelming what's going on."

THE CANADIAN PRESS

Third-place finisher

Ontario's Glenn Howard beat Brad Gushue of Newfoundland and Labrador 7-6 in an extra end for the bronze medal.

- Howard was tops in the round robin with a record of 10-1

Golf

Woods dominant in win at Doral

Tiger Woods is hitting his stride on a march to the Masters.

Woods never let anyone get closer than three shots on Sunday until he had locked up his 17th World Golf Championship title. With a conservative bogey on the



Tiger Woods salutes the crowd on Sunday in Doral, Fla. GETTY IMAGES

final hole, he closed with a 1-under 71 to win the Cadillac Championship.

THE ASSOCIATED PRESS

NBA

Heat cruise to 18th straight win

Mario Chalmers scored 26 points, Chris Bosh added 24 and the Miami Heat won their 18th straight game, easily topping the Indiana Pacers 105-91 on Sunday night. The streak ties the seventh longest in NBA history. THE ASSOCIATED PRESS

NBA

Howard leads way as Lakers top Bulls

Dwight Howard scored 16 points and grabbed 21 rebounds, Kobe Bryant chipped in with 19 points, nine assists and seven rebounds, and the Los Angeles Lakers beat the Chicago Bulls 90-81 Sunday. THE ASSOCIATED PRESS

MLB



Toronto Blue Jays starter Ricky Romero who is trying to recover from a terrible 2012 season where he accumulated a 9-14 record with a 5.77 ERA.

"You can't sit there and dwell on it. It's done, it's over."

4 SPORTS

Horoscopes

♈ Aries

March 21 - April 20
Today's new moon will be helpful if you have a clear idea of what it is you want. If though you are still confused or undecided it will most likely pass unnoticed. It's not too late to make up your mind.

♉ Taurus

April 21 - May 21
There is no guarantee that what you are about to attempt will succeed but don't let that stop you. Life is an adventure or it is nothing.

♊ Gemini

May 22 - June 21
Everything happens for a reason and if you keep that thought in mind today you won't be too fazed by what occurs. On the work front someone in a position of authority could make you an interesting offer.

♋ Cancer

June 22 - July 23
Try to stand outside yourself and see the bigger picture. If you look at today's events from a purely personal point of view you run the risk of missing something important. Widen your perspective, just a little.

♌ Leo

July 24 - Aug. 23
If there are things about your life and your relationships that you do not like then get rid of them now. Not everyone will be happy with the changes you make but that's all the more reason to make them.

♍ Virgo

Aug. 24 - Sept. 23
What happens over the next few days could turn your world on its head. Just when you thought Lady Luck had forgotten about you up she pops up to bring you something nice.

♎ Libra

Sept. 24 - Oct. 23
Don't give up on your plans. What happens this week may cause you to think again about your ambitions but don't use that as an excuse to abandon them altogether. You're still moving in the right direction.

♏ Scorpio

Oct. 24 - Nov. 22
A new moon in your fellow Water sign of Pisces means you can quite easily make your dreams come true. Don't let any kind of negative thoughts take root in your mind today. Think positive. Feel positive. Act positive.

♐ Sagittarius

Nov. 23 - Dec. 21
A loved one may give you a hard time but if you are smart you won't give them a hard time back. It's not you they are annoyed with but life in general. By this time tomorrow the crisis will have passed.

♑ Capricorn

Dec. 22 - Jan. 20
Something you say or do over the next 24 hours could easily be taken the wrong way by someone you love. Do you really have to be so blunt? Think before you speak.

♒ Aquarius

Jan. 21 - Feb. 19
The planets suggest you have been kidding yourself about the real reasons for a failure of some kind. It would help if you saw things as they really are.

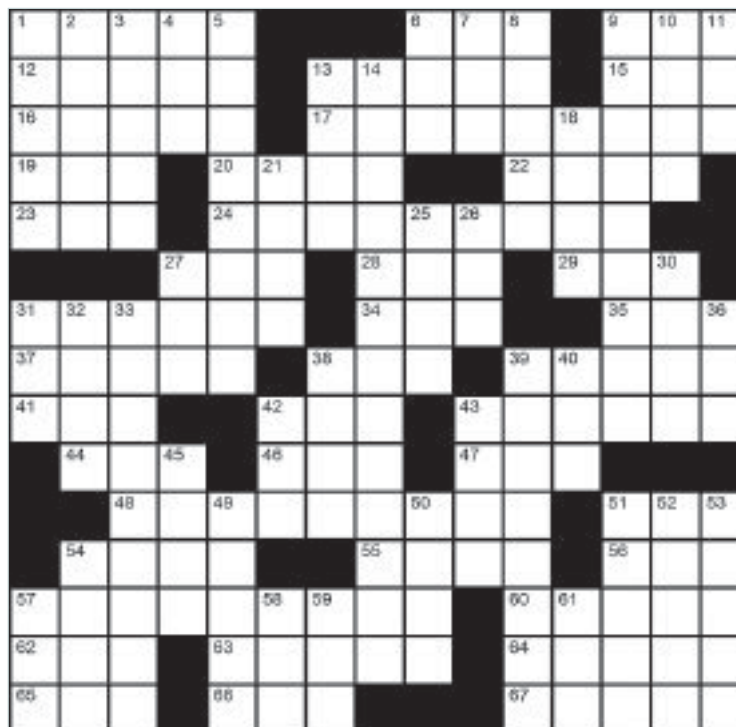
♓ Pisces

Feb. 20 - March 20
Today's new moon in your sign will encourage you to believe that all things are possible. It will also encourage you to actually do something creative rather than just think about it. It's time to step up and shine. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Star Wars character, ___ Vader
6. Saint-Jean-___-Riche-lieu, QC
9. Mom's hubby
12. Kleenex-user's sound!
13. Coming-___-___ movie
15. She gave Odysseus a veil
16. Corporate shuffle, in brief
17. Cape Breton ___ National Park
19. Airport schedule acr.
20. SNL alum Kristen
22. Stock mkt. debuts for companies
23. ___-eyed
24. Montreal football players
27. "Raiders of the Lost ___" (1981)
28. Meas. from a circle's centre
29. Rested
31. Tries to get a dieter to eat chocolate
34. Hectic hosp. units
35. Hesitant sounds
37. Smudges
38. Internet connection letters
39. Tom Cruise flick, "___ Maguire" (1996)
41. As written
42. Type of pan
43. Beer brand, ___ Can-adian
44. Calder Cup sports org.
46. 'Masc' ender (Eye



47. "Fancy that." [pl.]
48. Activity for Canada Geese in Spring
51. Hat
54. Gas, for instance
55. Hostels
56. "___ Maria"
57. Shakespeare: Othello's wif

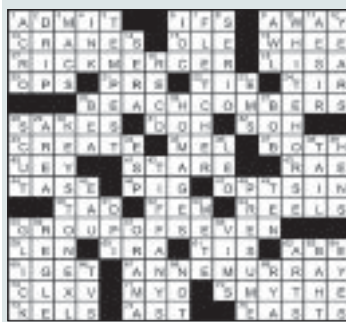
60. Fortune Teller's card
62. "Hey, no need to over-share!", briefly
63. Hair fringes
64. Broadcasting now: 2 wds.
65. Cul-de-___
66. Greek alphabet's 7th letter
67. The 'N' of TNT

Down

1. Challenged
2. Prefix meaning 'Vin-egar'
3. US state, ___ Island
4. Maple Leafs, on score-boards
5. Harry Potter's school
6. Droop

7. "Gross me out."
8. Illuminated the candle again
9. They roamed the Badlands of Alberta
10. Conjunctions
11. ___ and don'ts
13. ___ Art Company (Etch a Sketch maker)
14. March 11-17: London, ON is hosting the 2013 ISU World ___ Championships
18. Imitates
21. Varieties
25. British peer
26. CFL cheers-getters
27. Mo. after March
30. Via, to a poet
31. "Conan" cable network
32. Director Mr. Kazan
33. VJs network
36. Tip to 'thetic' (Man-made)
38. "___ the Explorer"
39. Governor General of Canada, David ___
40. Ems precursors
42. Military conflict
43. Satellite
45. Fibbed
49. The ___ (Area of Ottawa)
50. "___ little time..." (The quickest way)
51. 18-___ gold [var. sp.]
52. Intro-to-French verb
53. Gas station, ___-Canada
54. Hurricane Katrina org.
57. Calendar times, e.g.
58. Welcome ___
59. "Bird ___ Wire" (1990)
61. Cuckoo bird type

Friday's Crossword

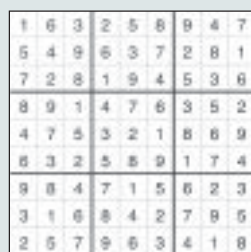


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY

TUESDAY

WEDNESDAY



MAX: -4°
MIN: -14°



MAX: -5°
MIN: -16°



MAX: -5°
MIN: -5°



JENNA KHAN
WEATHER SPECIALIST

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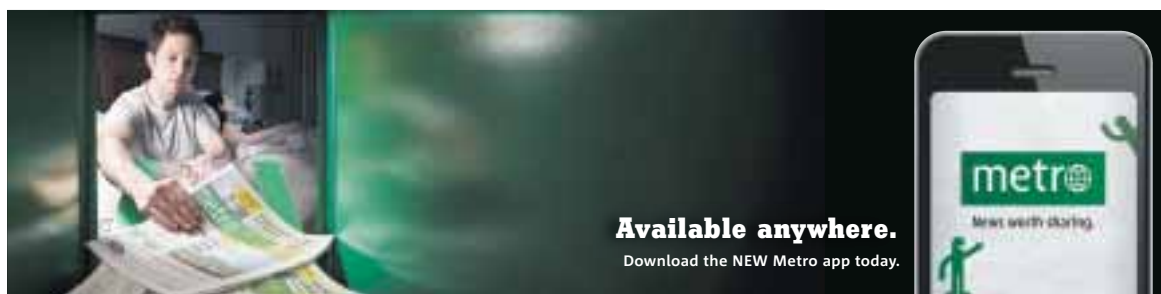
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\$2,500†

See dealers
for more
details on
some great
offers

*Model shown is a 2013 Forester 2.5X 5MT (DJ1 XO) with MSRP of \$28,105 including freight & PDI (\$1,595), documentation fees (\$395) and air and tire levies (\$120). License, taxes, insurance and registration extra. **0.5% finance and lease rates available on all new 2013 Forester models for a 24-month term. Financing and leasing programs available through Toyota Credit Canada Inc. on approved credit. †\$2,500 cash incentive is for cash customers only and is available on all new 2013 Forester models. Cannot be combined with Subaru Canada supported lease/finance rates or Stackable dollars. Dealers may sell for less. Dealer order/trade may be necessary. **/†Offers valid until April 1, 2013. See your local Subaru dealer or www.frontier.subarudealer.ca for complete details.



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